
My interests include computer technology and smart ideas. I am single, travel as much as I can, and always consider my job as a pleasure.
Amaretto Group is a group of companies dedicated to making cutting-edge everyday kids' clothes.
u.grow - Find your p(l)ace, is a creative group of people specializing in recruitment by seeking to build relationships of value with candidates and employers.
Amaretto is the most fashionable Greek clothing company, making cutting-edge everyday kids' clothes.
Neurolistening™

Mobile Tomatis method treatment

- Methods of Design
- Corporate identity
- Basic advertising concepts
- Website
- Mobile app
- Social Media strategy

__human centered design, innovation__

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Neurolistening

FOLLOWS YOU

Neurolistening is a
Audio-pyscho-phonology Lab

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vCard
pr@neurolistening.org
39, Ermou str, 10563
Athens, Greece
+30210 1234567

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Cultural Infusion is a non-profit Australia’s most vibrant school incursion provider. Making intercultural communication and cultural competence a rich, fun and rewarding part of the curriculum. Cultural Infusion believes that as people who live in a diverse society, in a globalised world, the ability to move between and respect cultures is an invaluable asset.
Orchestra’s weekly schedule accessible to the visually impaired

A special embossing technique has been designed and introduced by me in 2003 for the printed material of the Thessaloniki State Symphony Orchestra. Since then, the visually impaired audience were able to have access to the orchestra’s weekly schedule, by reading the second page, using the Braille* writing system.

For the same reason the awarded by the national design awards EVGE, semestrial orchestra’s schedule, included an audio cd with the schedule delivered vocally.

*Braille is a tactile writing system used by the blind and the visually impaired that is used for books, menus, signs, elevator buttons, coins etc.
# Food Notation

**Written food language**

**Vision**

To establish a universal cooking language that can transcend cultural barriers, make culinary procedures effortless and recipes easier to understand at a glance.

**Objective**

- Make the code understandable and easy to use
- Accomplish flexibility, versatility and future development ability
- Establish features and options to ensure universality
- Ensure that the code is sustainable

**Deliverables**

- Symbols or typographic approach for kitchenware, ingredients and devices
- Scales that needed in cooking like quantity and temperature
- Flavours approach
- Serving style presentation
- All other elements needed

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## Recipe Front

### Grilled beef steaks with peppers

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Quantity</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>beef</td>
<td>2 pcs</td>
<td></td>
</tr>
<tr>
<td>onion</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>rosemary</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>peppers</td>
<td>3</td>
<td>red/green/yellow</td>
</tr>
<tr>
<td>oil</td>
<td></td>
<td></td>
</tr>
<tr>
<td>salt</td>
<td></td>
<td></td>
</tr>
<tr>
<td>grill</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

1. Preheat the grill up to 200 °C
2. Chop the onions, garlic, rosemary and peppers
3. Brush grill grate with oil
4. Place steaks on the prepared grill and cook to the desired doneness
5. Place oiled vegetables on grill both sides for 2 minutes
6. Apply oil and garlic slices and place chopped bread on grill both sides for 2 minutes
7. Serve

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### Delivery Icons

- [Icon](#)
- [Icon](#)
- [Icon](#)
- [Icon](#)
- [Icon](#)

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## Recipe Back

### Grilled beef steaks

1. Marinate the beef with olive oil, garlic and rosemary
2. Grill the beef for 2 minutes per side
3. Serve on a flat dish with knife and fork

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### Near Field Communication

- Tap here with an NFC enabled mobile
- Scan here with a QR code reader for a 'how to' video
The Design Thinking process  

Design thinking is the ability to combine empathy for the context of a problem, creativity in the generation of insights and solutions, and rationality to analyze and fit solutions to the context.
Thessaloniki State Symphony Orchestra is one of the two most important symphonic ensembles of Greece. The orchestra’s extensive repertoire includes works from the Baroque to the avant-garde compositions of the 21st century.
Exhibition Catalogues

Department of Art Faculty exhibition, Art Moves

Merce Cunningham, exercises
Katherine E. Nash Gallery (2005)
University of Minnesota, Twin Cities is a public research university located in Minneapolis and St. Paul, Minnesota, United States, with the Minneapolis and St. Paul campuses being approximately 5 miles apart.
An international project to encourage and provide opportunities to people of Greek background to use the Greek language.
Kazaviti hotel in Thassos, Greece, is situated at the western end of the location Dasylio, an exquisite forest of pine trees, 1,000 meters away from the Skala of Prinos.

Deliverables

- Corporate identity
- Menus
- Visual identity (keys, cards, stamps, matches, coasters, pens, tv programs, envelops, notebooks, display presentations)
- Maps and guides
- Interior and exterior signage
- Hotel’s booklet
- Hotel’s Interior Graphics
- Environmental Graphics
- Magazine advertisments
- Photography
Oral history preservation tool

Bonegilla Migrant Reception and Training Centre was a camp setup for receiving and training migrants to Australia during the post World War II immigration boom. Bonegilla holds powerful connections for many people in Australia. There are currently an estimated 1.5 million descendants of migrants who spent time at Bonegilla. In 2011 the Australian Government began the process of developing an Australian heritage strategy. Part of this process was proposed an idea of an application for the preservation of the oral history.
Thessaloniki Festival was an umbrella organization designed to coordinate activities of the following institutions: The State Museum of Contemporary Art, the Art Center of Thessaloniki, the Dimitria Festival, the National Theater of Northern Greece and the State Orchestra of Thessaloniki.
The Contemporary Art Centre of Thessaloniki is an independent part of the State Museum of Contemporary Art. It supports all forms and kinds of innovative artistic activity. It does not function merely as an intermediary along the linear progression of artist – work of art – public, but serves as an active enabler, facilitating and encouraging communication between the artist and the public.
3d Virtual Heritage Lab specialises in the area of Digital Cultural and Virtual Heritage preservations. It performs large scale 3d scannings, inspections, quality controls and provides heritage communication and publicising services.
Web design
Online Marketing - Social Media

Creative strategy and plan
Photography advertising
Photography _fashion